RESEARCHER Meetings

11th Global Virtual Congress on Nutrition Research & Health

November 20-21, 2026

Scientific Program

NUTRITION CONGRESS 2026

Virtual Meeting | Time Zone: GMT+0 (London, UK)

November 20, 2026 | 10:30 AM

10:30-10:35	Opening Ceremony
Keynote Session	
10:35 -11:00	Title: Abdominal obesity and menopausal status in women with and without a breast cancer diagnosis in Baja California, Mexico
	Karina De Jesus Diaz Lopez, Autonomous University of Baja California, Mexico
11:00 -11:25	Title: Beyond Genetic Diagnosis: Toward Personalized Nutritional Management of Monogenic Diabetes
	Mariam Moalla, University of Sfax, Tunisia
11:25-11:50	Title: Managing Integration and Interoperability in Intelligent and Ethical 5P Medicine Ecosystems
	Bernd Blobel, University of Regensburg , Germany
11:50-12:15	Title: Effects of hesperidin supplementation on weight , glycemic control, lipid profile ,blood pressure and inflammatory factors in patients with type 2 diabetes: A Randomized, Double-Blind , Placebo-Controlled Clinical Trial
	Shahryar Eghtesadi, University of Management and Technology,Pakistan
Plenary Speaker Session	
Session Details	Nutrition and Health ||| Clinical Nutrition |||| Clinical Nutrition and Therapeutic Dietetics |||| Food and Nutritional Science|||| Nutrition Supplements
Chairperson	Karina De Jesus Diaz Lopez, Autonomous University of Baja California, Mexico

12:15-12:40	Title: Is sucrose a possible alternative in the treatment of PTSD?
	Imola Plangár, University of Pécs Medical School, Hungary
12:40-13:05	Title:The Seasonal Diet Selection and Nutritional Niche of Mule Deer in a Chihuahuan Semi-Desert
	Hafiz Ubaid ur Rahman, Department of Animal Sciences, Purdue University, USA
13:05-13:30	Title: Scanning for obesogenicity of primary school environments in Tshwane, Gauteng, South Africa
	Morentho Cornelia Phetla, Sefako Makgatho Health Sciences University, South Africa
13:30-13:55	Title: Co-Cultivation and Matching of Early- and Late-Maturing Pearl Millet Varieties to Sowing Windows Can Enhance Climate-Change Adaptation in Semi-Arid Sub-Saharan Agroecosystems
	Awala Simon Kamwele, University of Namibia, Namibia
13:55-14:20	Title: Comparative study of the nutritional value of five accessions of quinoa (Chenopodium quinoa Willd.) cultivated in semi-arid conditions
	Soumaya Raouadi, Regional Center of Agricultural Research (CRRA) Sidi Bouzid, Tunisia
14:20-14:45	Title: Correlations between Mental Health, Physical Activity, and Body Composition in American College Students after the COVID-19 Pandemic Lockdown
	Luis Torres, Montclair State University, USA
14:45-15:10	Title: Hibiscus calix byproduct: potential supplement for type 2 diabetes care in a murine model
	Iza F. Pérez Ramírez, Autonomous University of Querétaro, México
15:10-15:35	Title: Recent Advances of Magnetic Gold Hybrids and Nanocomposites, and Their Potential Biological Applications
	Hongkai Wu, The Hong Kong University of Science and Technology, China
15:35-16:00	Title: Chenodeoxycholic acid fortified diet improves embryo implantation and metabolic health through modulating gut microbiota-host metabolites interaction during early pregnancy
	Meixia Chen, Beijing Academy of Agriculture and Forestry Sciences, China
16:00-16:25	Title: Evaluating the effects and benefits of cover crops in citrus orchards
	Sibongiseni Silwana, ARC Infruitec-Nietvoorbij, Stellenbosch, South Africa

16:25-16:50	Title: Influence of Soil Type, Land Use, and Rootstock Genotype on Root-Associated Arbuscular Mycorrhizal Fungi Communities and Their Impact on Grapevine Growth and Nutrition
	Emilia Sorci-Uhmann, University of Lisbon, Portugal
16:50-17:10	Title: Waffles Supplemented with Almond Skins: A new source of pre-biotics with excellent sensory propertiest
	Beatriz Marinho, University of Trás-os-Montes and Alto Douro, Portugal
17:10-17:35	Title: Repeated mouth rinsing of coffee improves the specific-endurance performance and jump performance of young male futsal players
	Mohammad Hemmatinafar, Shiraz University, Iran
17:35-18:00	Title: Evaluating the Ileal and Cecal Microbiota Composition of a 1940 Heritage Genetic Line and a 2016 Commercial Line of white Leghorns fed Representative Diets from 1940 to 2016
	Dannica Wall, North Carolina State University, USA
18:00-18:25	**Poster Speaker Session**
P001	Title: Molecular and phenotypic characterisation of Campylobacter isolated from poultry meat in Poland
	Małgorzata Andrzejewska, Ludwik Rydygier Collegium Medicum in Bydgoszcz Nicolaus Copernicus University in Torun, Poland
P002	Title: Evaluation of dietary behaviours, physical exercise and anthropometric parameters in children and youth with intellectual disabilities
	Malgorzata Szady-Grad, Collegium Medicum in Bydgoszcz of Nicolaus Copernicus University in Torun, Poland
P003	Title: Bread fortification: Is it justified? Review of clinical trials as stated by PRISMA STATEMENT
	Urszula Kaim, Wrocław University of Economics and Business, Poland
P004	Title: Testing the Efficacy of Positive Food Primes Over the Internet
	Smita Bhoopatiraju, Testing the Efficacy of Positive Food Primes Over the Internet Cornell University, USA
END OF SESSION	
Awards & Closing Ceremony	

Researcher Meetings
20-22 Wenlock Road, London, England, N1 7GU, UK | Phone No: +44 7480 723519
Email: nutrition@researchermeetings.com;