



**10th Global Virtual Congress on
Nutrition Research & Health
June 20-21, 2026**

Scientific Program

NUTRITION CONGRESS 2026

Virtual Meeting | Time Zone: GMT+1 (London, UK)

20-Jun-26 | 10:30 AM

10:30-10:35

Opening Ceremony

Keynote Session

10:35 -11:00

Title: Behavioral And Clinical Approaches To Sustainable Weight Management

Tetiana Postoroniuk, Private Practice, Nutritionist & Naturopath, USA

11:00 -11:25

Title: Simultaneous Nutrient Uptake and Metabolite Production by *Chlorella sorokiniana* MSP1 Cultivated in Industrial Wastewater Using AI Tools”

Mohneesh Kalwani, Ghanshyam Singh P.G. College, Varanasi, Uttar Pradesh, India

11:25-11:50

Title: Development and Pharmacological Studies of Clove-Cinnamon Essential Oil-Loaded Orabase Formulation Against Oral Candidiasis

Humaira Majeed Khan, Lahore College for Women University, Pakistan

11:50-12:15

Title: Beyond a Single Barrier: Multiple Hurdle Technology as an Integrated Approach to Improve Meat Safety and Quality

Anum Ishaq, University of Management and Technology, Pakistan

Plenary Speaker Session

Session
Details

Nutrition and Health ||| Clinical Nutrition |||| Clinical Nutrition and Therapeutic Dietetics ||||
Food and Nutritional Science||| Nutrition Supplements

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| Chairperson | Tetiana Postoroniuk ,Private Practice, Nutritionist & Naturopath, USA |
| 12:15-12:40 | Title: Is sucrose a possible alternative in the treatment of PTSD? Imola Plangár, University of Pécs Medical School, Hungary |
| 12:40-13:05 | Title:The Seasonal Diet Selection and Nutritional Niche of Mule Deer in a Chihuahuan Semi-Desert Hafiz Ubaid ur Rahman, Department of Animal Sciences, Purdue University, USA |
| 13:05-13:30 | Title: Scanning for obesogenicity of primary school environments in Tshwane, Gauteng, South Africa Morentho Cornelia Phetla, Sefako Makgatho Health Sciences University, South Africa |
| 13:30-13:55 | Title: Co-Cultivation and Matching of Early- and Late-Maturing Pearl Millet Varieties to Sowing Windows Can Enhance Climate-Change Adaptation in Semi-Arid Sub-Saharan Agroecosystems Awala Simon Kamwele, University of Namibia, Namibia |
| 13:55-14:20 | Title: Comparative study of the nutritional value of five accessions of quinoa (Chenopodium quinoa Willd.) cultivated in semi-arid conditions Soumaya Raouadi, Regional Center of Agricultural Research (CARR) Sidi Bouzid, Tunisia |
| 14:20-14:45 | Title: Correlations between Mental Health, Physical Activity, and Body Composition in American College Students after the COVID-19 Pandemic Lockdown Luis Torres, Montclair State University, USA |
| 14:45-15:10 | Title: Hibiscus calyx byproduct: potential supplement for type 2 diabetes care in a murine model Iza F. Pérez Ramírez, Autonomous University of Querétaro, México |
| 15:10-15:35 | Title: Recent Advances of Magnetic Gold Hybrids and Nanocomposites, and Their Potential Biological Applications Hongkai Wu, The Hong Kong University of Science and Technology, China |
| 15:35-16:00 | Title: Chenodeoxycholic acid fortified diet improves embryo implantation and metabolic health through modulating gut microbiota-host metabolites interaction during early pregnancy Meixia Chen, Beijing Academy of Agriculture and Forestry Sciences, China |

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| 16:00-16:25 | Title: Evaluating the effects and benefits of cover crops in citrus orchards |
| | Sibongiseni Silwana, ARC Infruitec-Nietvoorbij, Stellenbosch, South Africa |
| 16:25-16:50 | Title: Influence of Soil Type, Land Use, and Rootstock Genotype on Root-Associated Arbuscular Mycorrhizal Fungi Communities and Their Impact on Grapevine Growth and Nutrition |
| | Emilia Sorci-Uhmann, University of Lisbon, Portugal |
| 16:50-17:10 | Title: Waffles Supplemented with Almond Skins: A new source of pre-biotics with excellent sensory properties |
| | Beatriz Marinho, University of Trás-os-Montes and Alto Douro, Portugal |
| 17:10-17:35 | Title: Repeated mouth rinsing of coffee improves the specific-endurance performance and jump performance of young male futsal players |
| | Mohammad Hemmatinavar, Shiraz University, Iran |
| 17:35-18:00 | Title: Evaluating the Ileal and Cecal Microbiota Composition of a 1940 Heritage Genetic Line and a 2016 Commercial Line of white Leghorns fed Representative Diets from 1940 to 2016 |
| | Dannica Wall, North Carolina State University, USA |
| 18:00-18:25 | Poster Speaker Session |
| P001 | Title: Molecular and phenotypic characterisation of Campylobacter isolated from poultry meat in Poland |
| | Małgorzata Andrzejewska, Ludwik Rydygier Collegium Medicum in Bydgoszcz Nicolaus Copernicus University in Torun, Poland |
| P002 | Title: Evaluation of dietary behaviours, physical exercise and anthropometric parameters in children and youth with intellectual disabilities |
| | Malgorzata Szady-Grad, Collegium Medicum in Bydgoszcz of Nicolaus Copernicus University in Torun, Poland |
| P003 | Title: Bread fortification: Is it justified? Review of clinical trials as stated by PRISMA STATEMENT |
| | Urszula Kaim, Wrocław University of Economics and Business, Poland |
| P004 | Title: Testing the Efficacy of Positive Food Primes Over the Internet |
| | Smita Bhoopatiraju, Testing the Efficacy of Positive Food Primes Over the Internet Cornell University, USA |
| P005 | Title: Evaluation of the Quality of YouTube Videos Suggesting Exercises during the COVID-19 Lockdown |
| | Mario Escalera de la Riva, University of Valencia, Spain |
| END OF SESSION | |
| Awards & Closing Ceremony | |
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Researcher Meetings

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