



# 9th Global Virtual Congress on Nutrition Research & Health February 27-28, 2026

## Scientific Program

### NUTRITION CONGRESS 2026

Virtual (Teams Meeting)

Time Zone: GMT+0 (London, UK)

February 27, 2026 | 10:00 AM

10:00-10:05

Opening Ceremony

#### Keynote Session

10:05 -10:30

Title: Association Between Red Meat Consumption and Risk of Nonalcoholic Fatty Liver Disease: A Meta-Analysis and Dose-Response Study

Qin Zhou, The Second Affiliated Hospital of Chongqing Medical University, China

10:30 -10:55

Title: Efficacy and Safety of Orforglipron in Obese Adults With or Without Diabetes: A Systematic Review and Meta-Analysis

Husam Abu Dawood, Palestine Polytechnic University, Hebron, Palestine

10:55-11:20

Title: Nutrition literacy and its impact on food choices: addressing the knowledge-behaviour gap among adults in Johannesburg, South Africa

Nokukhanya Ncamane, College of Business & Economics, University of Johannesburg, South Africa.

11:20-11:45

Title: Starving for Stability: Assessing Nutrition Security Among Middle-Class Families in Bangladesh

Naeema Zahan Alif, Constituent of University of Dhaka, Bangladesh

#### Plenary Speaker Session

Session  
Details

Nutrition and Health ||| Clinical Nutrition |||| Clinical Nutrition and Therapeutic Dietetics ||||  
Food and Nutritional Science |||| Nutrition Supplements

Chairperson

Qin Zhou, The Second Affiliated Hospital of Chongqing Medical University, China

11:45-12:10	<p><b>Title: Growth and yield response of cowpea (<i>Vigna unguiculata</i>) to nitrogen fertilizer and inoculant application</b></p> <p><b>Jacob Danso , Agronomy Division, Cocoa Research Institute , Ghana</b></p>
12:10-12:35	<p><b>Title:The Seasonal Diet Selection and Nutritional Niche of Mule Deer in a Chihuahuan Semi-Desert</b></p> <p><b>Nadiel Yadim Almanza Ortiz, Department of Chemical and Biological Sciences, Institute of Biomedical Sciences, Mexico</b></p>
12:35-13:00	<p><b>Title: Scanning for obesogenicity of primary school environments in Tshwane, Gauteng, South Africa</b></p> <p><b>Morentho Cornelia Phetla, Sefako Makgatho Health Sciences University, South Africa</b></p>
13:00-13:25	<p><b>Title: Co-Cultivation and Matching of Early- and Late-Maturing Pearl Millet Varieties to Sowing Windows Can Enhance Climate-Change Adaptation in Semi-Arid Sub-Saharan Agroecosystems</b></p> <p><b>Awala Simon Kamwele, University of Namibia, Namibia</b></p>
13:25-13:50	<p><b>Title: Comparative study of the nutritional value of five accessions of quinoa (<i>Chenopodium quinoa</i> Willd.) cultivated in semi-arid conditions</b></p> <p><b>Soumaya Raouadi, Regional Center of Agricultural Research (CRRA) Sidi Bouzid, Tunisia</b></p>
13:50-14:15	<p><b>Title: Correlations between Mental Health, Physical Activity, and Body Composition in American College Students after the COVID-19 Pandemic Lockdown</b></p> <p><b>Luis Torres, Montclair State University, USA</b></p>
14:15-14:40	<p><b>Title: Hibiscus calix byproduct: potential supplement for type 2 diabetes care in a murine model</b></p> <p><b>Iza F. Pérez Ramírez, Autonomous University of Querétaro, México</b></p>
14:40-15:05	<p><b>Title: Recent Advances of Magnetic Gold Hybrids and Nanocomposites, and Their Potential Biological Applications</b></p> <p><b>Hongkai Wu, The Hong Kong University of Science and Technology, China</b></p>
15:05-15:30	<p><b>Title: Chenodeoxycholic acid fortified diet improves embryo implantation and metabolic health through modulating gut microbiota-host metabolites interaction during early pregnancy</b></p> <p><b>Meixia Chen, Beijing Academy of Agriculture and Forestry Sciences, China</b></p>
15:30-15:55	<p><b>Title: Evaluating the effects and benefits of cover crops in citrus orchards</b></p> <p><b>Sibongiseni Silwana, ARC Infruitec-Nietvoorbij, Stellenbosch, South Africa</b></p>

15:55-16:20	<b>Title: Influence of Soil Type, Land Use, and Rootstock Genotype on Root-Associated Arbuscular Mycorrhizal Fungi Communities and Their Impact on Grapevine Growth and Nutrition</b>
	<b>Emilia Sorci-Uhmann, University of Lisbon, Portugal</b>
16:20-16:45	<b>Title: Waffles Supplemented with Almond Skins: A new source of pre-biotics with excellent sensory properties</b>
	<b>Beatriz Marinho, University of Trás-os-Montes and Alto Douro, Portugal</b>
16:45-17:10	<b>Title: Repeated mouth rinsing of coffee improves the specific-endurance performance and jump performance of young male futsal players</b>
	<b>Mohammad Hemmatinagar, Shiraz University, Iran</b>
17:10-17:35	<b>Title: Evaluating the Ileal and Cecal Microbiota Composition of a 1940 Heritage Genetic Line and a 2016 Commercial Line of white Leghorns fed Representative Diets from 1940 to 2016</b>
	<b>Dannica Wall, North Carolina State University, USA</b>
17:35-18:00	<b>Poster Speaker Session</b>
P001	<b>Title: Molecular and phenotypic characterisation of Campylobacter isolated from poultry meat in Poland</b>
	<b>Małgorzata Andrzejewska, Ludwik Rydygier Collegium Medicum in Bydgoszcz Nicolaus Copernicus University in Torun, Poland</b>
P002	<b>Title: Evaluation of dietary behaviours, physical exercise and anthropometric parameters in children and youth with intellectual disabilities</b>
	<b>Malgorzata Szady-Grad, Collegium Medicum in Bydgoszcz of Nicolaus Copernicus University in Torun, Poland</b>
P003	<b>Title: Bread fortification: Is it justified? Review of clinical trials as stated by PRISMA STATEMENT</b>
	<b>Urszula Kaim, Wrocław University of Economics and Business, Poland</b>
P004	<b>Title: Testing the Efficacy of Positive Food Primes Over the Internet</b>
	<b>Smita Bhoopatiraju, Testing the Efficacy of Positive Food Primes Over the Internet Cornell University, USA</b>
P005	<b>Title: Evaluation of the Quality of YouTube Videos Suggesting Exercises during the COVID-19 Lockdown</b>
	<b>Mario Escalera de la Riva, University of Valencia, Spain</b>
<b>END OF SESSION</b>	
<b>Awards &amp; Closing Ceremony</b>	

**Researcher Meetings**

**20-22 Wenlock Road, London, England, N1 7GU, UK | Phone No: +44 7480 723519**

**Email: [nutrition@researchermeetings.com](mailto:nutrition@researchermeetings.com);**