



8th Global Virtual Congress on Nutrition Research & Health September 27-28, 2025

Scientific Program

NUTRITION CONGRESS 2025

Virtual (Teams Meeting)

Time Zone: GMT+1 (London, UK)

September 27, 2025

Time: 10:30 AM

10:30-10:35

Opening Ceremony

Keynote Session

10:35-11:00

Title: Gut Strength On The Tatami: Probiotic Supplementation And Performance In Judo Athletes

Natalija Atanasova-Pancevska, Department of Microbiology and Microbial Biotechnology, North Macedonia

11:00-11:25

Title: Effect of Cynara ferocissima leaves supplemented in the diet on the biochemical, hematological, and neurobehavioral disorders in rats fed a high-fat sucrose diet

Habiba Nechchadi, University Sultan Moulay Slimane, Morocco

11:25-11:50

Title: Managing the Transformation towards Intelligent and Ethical Health and Social Care Ecosystems

Bernd Blobel, Charles University Prague, Staré Město, Germany

12:15-12:40

Title: Effects of hesperidin supplementation on weight , glycemic control, lipid profile ,blood pressure and inflammatory factors in patients with type 2 diabetes: A Randomized, Double-Blind , Placebo-Controlled Clinical Trial

Shahryar Egtesadi, School of Medical Sciences and Technology, Tehran, Iran

Plenary Speaker Session

Session
Details

Nutrition and Health ||| Clinical Nutrition |||| Clinical Nutrition and Therapeutic Dietetics |||| Food and Nutritional Science||| Nutrition Supplements

Session
Chairperson

Emilia Sorci-Uhmann, University of Lisbon, Portugal

12:40-13:05	Title: The Impact of Summer Meal Participation on Diet Quality Among Low-income Children in Maryland, U.S.
	Yuyi Chen , University of California, Davis, United States
13:05-13:30	Title:Associations Among Eating Disorder Symptoms, Mindful Eating And Self-Control In Individuals Aged 18-30
	Amine Irmak, Istanbul yeni yüzyil university Faculty of health sciences, Turkey
13:30-13:55	Title: Scanning for obesogenicity of primary school environments in Tshwane, Gauteng, South Africa
	Morentho Cornelia Phetla, Sefako Makgatho Health Sciences University, South Africa
13:55-14:20	Title: Co-Cultivation and Matching of Early- and Late-Maturing Pearl Millet Varieties to Sowing Windows Can Enhance Climate-Change Adaptation in Semi-Arid Sub-Saharan Agroecosystems
	Awala Simon Kamwele, University of Namibia, Namibia
14:20-15:00	Title: Comparative study of the nutritional value of five accessions of quinoa (<i>Chenopodium quinoa</i> Willd.) cultivated in semi-arid conditions
	Soumaya Raouadi, Regional Center of Agricultural Research (CARR) Sidi Bouzid, Tunisia
15:00-15:25	Title: Correlations between Mental Health, Physical Activity, and Body Composition in American College Students after the COVID-19 Pandemic Lockdown
	Luis Torres, Montclair State University, USA
15:25-15:50	Title: Hibiscus calix byproduct: potential supplement for type 2 diabetes care in a murine model
	Iza F. Pérez Ramírez, Autonomous University of Querétaro, México
15:50-16:15	Title: Recent Advances of Magnetic Gold Hybrids and Nanocomposites, and Their Potential Biological Applications
	Hongkai Wu, The Hong Kong University of Science and Technology, China
16:15-16:40	Title: Chenodeoxycholic acid fortified diet improves embryo implantation and metabolic health through modulating gut microbiota-host metabolites interaction during early pregnancy
	Meixia Chen, Beijing Academy of Agriculture and Forestry Sciences, China
16:40-17:05	Title: Evaluating the effects and benefits of cover crops in citrus orchards
	Sibongiseni Silwana, ARC Infruitec-Nietvoorbij, Stellenbosch, South Africa
17:05-17:30	Title: Influence of Soil Type, Land Use, and Rootstock Genotype on Root-Associated Arbuscular Mycorrhizal Fungi Communities and Their Impact on Grapevine Growth and Nutrition
	Emilia Sorci-Uhmann, University of Lisbon, Portugal

17:30-17:55	Title: Waffles Supplemented with Almond Skins: A new source of pre-biotics with excellent sensory proprieties
	Beatriz Marinho, University of Trás-os-Montes and Alto Douro, Portugal
17:55-18:20	Title: Repeated mouth rinsing of coffee improves the specific-endurance performance and jump performance of young male futsal players
	Mohammad Hemmatinavar, Shiraz University, Iran
18:20-18:45	Title: Evaluating the Ileal and Cecal Microbiota Composition of a 1940 Heritage Genetic Line and a 2016 Commercial Line of white Leghorns fed Representative Diets from 1940 to 2016
	Dannica Wall, North Carolina State University, USA
18:45-19:10	Poster Speaker Session
P001	Title: Molecular and phenotypic characterisation of Campylobacter isolated from poultry meat in Poland
	Małgorzata Andrzejewska, Ludwik Rydygier Collegium Medicum in Bydgoszcz Nicolaus Copernicus University in Torun, Poland
P002	Title: Evaluation of dietary behaviours, physical exercise and anthropometric parameters in children and youth with intellectual disabilities
	Malgorzata Szady-Grad, Collegium Medicum in Bydgoszcz of Nicolaus Copernicus University in Torun, Poland
P003	Title: Bread fortification: Is it justified? Review of clinical trials as stated by PRISMA STATEMENT
	Urszula Kaim, Wrocław University of Economics and Business, Poland
P004	Title: Testing the Efficacy of Positive Food Primes Over the Internet
	Smita Bhoopatiraju, Testing the Efficacy of Positive Food Primes Over the Internet Cornell University, USA
P005	Title: Evaluation of the Quality of YouTube Videos Suggesting Exercises during the COVID-19 Lockdown
	Mario Escalera de la Riva, University of Valencia, Spain
END OF SESSION	
Awards & Closing Ceremony	
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