



6th Global Virtual Congress on Nutrition Research & Health November 29-30, 2024

Scientific Program

NUTRITION CONGRESS 2024

Virtual (Teams Meeting)

Time Zone: GMT+0 (London, UK)

November 29, 2024

Time: 10:00 AM

10:00-10:05

Opening Ceremony

Keynote Session

10:05-10:30

Title: Analysis of Hydration Habits Before and During a Specific Training Session in Male Padel Athletes Aged over 65: Physiological and Psychological Implications. A cross sectional study

Ana Lopes, University of Coimbra, Portugal

10:30-10:55

Title: Application of three compounds extracted from Cynodon Dactylon against Streptococcus mutans biofilm formation to prevent oral diseases

Tasnia Habib, University of Rajshahi, Bangladesh

Plenary Speaker Session

Session
Details

Nutrition and Health ||| Clinical Nutrition |||| Clinical Nutrition and Therapeutic Dietetics |||| Food and Nutritional Science |||| Nutrition Supplements

Chairperson

Ana Lopes, University of Coimbra, Portugal

Tasnia Habib, University of Rajshahi, Bangladesh

10:55-11:20

Title: Hydrogen-Rich Water to Enhance Exercise Performance: A Review of Effects and Mechanisms

Yirui Zhao, Beijing Sport University, China

11:20-11:45

Title: Exploring the benefits of chestnut by-products enriched with thermal water

Ana Cristina dos Santos Quintas Gonçalves, Vigo University, Ourense Campus, Portugal

11:45-12:10

Title: Insulin resistance treatment with balanced personalized nutrition for prediabetes remission and diabetes type 2 reversal

Markus Rohner, EGB EpiGeneticBalance AG, CH-4310 Rheinfelden, Switzerland

12:10-12:35	Title: Acceptability of Medical Male Circumcision as an HIV Prevention Intervention among Male Learners in a South African High School
	Lungani Gotye, Walter Sisulu University, Mthatha, South Africa
12:35-13:00	Title: Gut microbiome-based therapeutics for autism
	Qi Su, The Chinese University of Hong Kong, Hong Kong
13:00-13:25	Title: Microbial and micronutrients quality of raw bovine milk from Namwala, Zambia. A cross sectional study
	Boyd Mweemba, B. Mweemba, School of Public Health, University of Zambia
13:25-13:50	Title: Correlations between Mental Health, Physical Activity, and Body Composition in American College Students after the COVID-19 Pandemic Lockdown
	Luis Torres, Montclair State University, USA
13:50-14:15	Title: Hibiscus calix byproduct: potential supplement for type 2 diabetes care in a murine model
	Iza F. Pérez Ramírez, Autonomous University of Querétaro, México
14:15-14:40	Title: Recent Advances of Magnetic Gold Hybrids and Nanocomposites, and Their Potential Biological Applications
	Hongkai Wu, The Hong Kong University of Science and Technology, China
14:40-15:05	Title: Chenodeoxycholic acid fortified diet improves embryo implantation and metabolic health through modulating gut microbiota-host metabolites interaction during early pregnancy
	Meixia Chen, Beijing Academy of Agriculture and Forestry Sciences, China
15:05-15:30	Title: Evaluating the effects and benefits of cover crops in citrus orchards
	Sibongiseni Silwana, ARC Infruitec-Nietvoorbij, Stellenbosch, South Africa
15:30-15:50	Title: Influence of Soil Type, Land Use, and Rootstock Genotype on Root-Associated Arbuscular Mycorrhizal Fungi Communities and Their Impact on Grapevine Growth and Nutrition
	Emilia Sorci-Uhmann, University of Lisbon, Portugal
15:50-16:15	Title: Waffles Supplemented with Almond Skins: A new source of pre-biotics with excellent sensory properties
	Beatriz Marinho, University of Trás-os-Montes and Alto Douro, Portugal
16:15-16:40	Title: Repeated mouth rinsing of coffee improves the specific-endurance performance and jump performance of young male futsal players
	Mohammad Hemmatinifar, Shiraz University, Iran

16:40-17:05	<p>Title: Evaluating the Ileal and Cecal Microbiota Composition of a 1940 Heritage Genetic Line and a 2016 Commercial Line of white Leghorns fed Representative Diets from 1940 to 2016</p>
	<p>Dannica Wall, North Carolina State University, USA</p>
17:05-17:30	<p>Poster Speaker Session</p>
P001	<p>Title: Carrageenan as a Potential Factor of Inflammatory Bowel Diseases</p>
	<p>Paulina Komisarska, Pomeranian Medical University in Szczecin, Poland</p>
P002	<p>Title: Evaluation of dietary behaviours, physical exercise and anthropometric parameters in children and youth with intellectual disabilities</p>
	<p>Malgorzata Szady-Grad, Collegium Medicum in Bydgoszcz of Nicolaus Copernicus University in Torun, Poland</p>
P003	<p>Title: Bread fortification: Is it justified? Review of clinical trials as stated by PRISMA STATEMENT</p>
	<p>Urszula Kaim, Wrocław University of Economics and Business, Poland</p>
P004	<p>Title: Testing the Efficacy of Positive Food Primes Over the Internet</p>
	<p>Smita Bhoopatiraju, Testing the Efficacy of Positive Food Primes Over the Internet Cornell University, USA</p>
P005	<p>Title: Evaluation of the Quality of YouTube Videos Suggesting Exercises during the COVID-19 Lockdown</p>
	<p>Mario Escalera de la Riva, University of Valencia, Spain</p>
<p>END OF SESSION</p>	
<p>Awards & Closing Ceremony</p>	
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